



# Retreat Packing List

## **WHAT TO BRING**

PLEASE BRING A REUSABLE WATER BOTTLE

- |   |  |
|---|--|
| ✓ Comfortable clothing  | ✓ Towel                                    |
| ✓ Old shoes (including one pair of boots)                       | ✓ Toothbrush and toothpaste                |
| ✓ Sweater/hoodie  | ✓ Sleeping bag or sheets, blanket & pillow |
| ✓ Jacket  | ✓ Games, frisbee, football, etc.           |
| ✓ Several pairs of socks  | ✓ Rosary                                   |
| ✓ Toiletries (soap, shampoo, deodorant, medications, hairbrush) | ✓ Bible                                    |

## **WHAT NOT TO BRING**

- ✗ Food or drink
- ✗ Valuables
- ✗ Alcohol/tobacco/drugs